

Red Cross Care in the home

The Red Cross helps thousands of people following a short stay in hospital and prevents unnecessary hospital admissions by providing extra support and care at home. We can provide care and support at home for people after an accident or illness.

How do we help people?

The support offered by our volunteers can smooth the process of settling back into a normal routine and enable people to regain their confidence and independence. The service includes:

- rebuilding confidence
- collecting prescriptions
- offering companionship
- assistance with shopping.

Next Steps Service in your area:

Area	Service	Postcode	Telephone
Chelsea	Next Steps Service	SW10 9NH	0786 0401 983
Paddington	Next Steps Service, Discharge Team	W2 1NY	07432 739 066
Fulham	Next Steps, Charing Cross Hospital	W6 8RF	0203311 7428 0790810 3227
Saint Pancras	Joint Therapies, 3rd Floor South Wing	NW1 0PE	020 3317 3378
Denmark Hill	Next Steps Service	SE5 9RS	020 3299 7125
Barnet South	3rd Floor	NW3 2QG	0207 431 7597
Barnet North	1st Floor, Thames House	EN5 3DJ	0208 2165 040
Thornton Heath	Energy Centre, Croydon Uni. Hospital	CR7 7YE	0208 4013 590
Caterham	Health Centre, Eothen Hse, Eothen Close	CR3 6JU	01883 344 718
Epsom	Epsom General Hospital	KT18 7EG	07834 529091 01483 749050
Chertsey	St Peter's Hospital	KT16 0PZ	07834 529093 01932 723707
Tunbridge Wells	38 John Street	TN4 9RR	08000 2808 31
Maidstone	25 College Road	ME15 6SX	08000 2808 31
Godalming	Wey Court	GU7 3JE	01483 416946